

Helpful Accessible Travel Tips

Pack Important Items in Carry-On Bags

Include:

- medication
- chargers
- sensory supports
- communication devices
- hearing aid batteries
- mobility equipment essentials

Build in Extra Time

Extra time can reduce stress and improve flexibility if:

- transport is delayed
- assistance takes longer
- queues are busy
- lifts are unavailable

Save Important Numbers

Store contact details for:

- airports
- rail operators

- coach operators
- taxis
- accommodation
- conference organisers

Helpful Travel Checklist

Before you travel:

- ✓ Have I booked assistance?
- ✓ Have I confirmed wheelchair spaces?
- ✓ Have I requested sensory supports if needed?
- ✓ Have I checked hearing or communication supports?
- ✓ Have I confirmed support for guide dogs if relevant?
- ✓ Have I allowed enough transfer time?
- ✓ Do I know who to contact if something changes?